

# Nutrition Facts

6 servings per container

**Serving size** 2/3 cup (133g)

Amount per serving

**Calories** **290**

% Daily Value\*

**Total Fat** 16g **21%**

Saturated Fat 11g **55%**

*Trans* Fat 0g

**Cholesterol** 75mg **25%**

**Sodium** 75mg **3%**

**Total Carbohydrate** 31g **11%**

Dietary Fiber 0g **0%**

Total Sugars 28g

Includes 22g Added Sugars **44%**

**Protein** 5g

Vitamin D 2mcg 10%

Calcium 164mg 15%

Iron 3mg 15%

Potassium 127mg 2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## INGREDIENTS:

WHOLE MILK, CREAM, SUGAR, NONFAT MILK, CHOCOLATE FLAKES (sugar, palm kernel and palm oils, cocoa processed with alkali, chocolate liquor, soy lecithin), CONTAINS 2% OR LESS OF: EGG YOLKS, WATER, WHEY, LOCUST BEAN GUM, GUAR GUM, CARRAGEENAN, DEXTROSE, YELLOW #5, BLUE #1, NATURAL FLAVOR.

CONTAINS: MILK, EGGS, SOY.

PRODUCED IN A FACILITY THAT HANDLES: PEANUTS, WHEAT, MILK, EGGS, FISH, SOY, TREE NUTS, SHELLFISH.